

Rakkas

Turkey

Original dance from Ahmet Luleci

Translation: Female Dancer

Meter: 4/4

Formation: Arms down in V position (I-Dance does the dance in clasped hands, held at Elbow height)

Notes are for the original dance. I-dance variants are noted below that

FIGURE 1

1	2	3	4
R	L	R	R
→	→	→	→
5	6	7	8
R, deep knee bend	two bounces	L	Two bounces
→	●	↖	●

Do this figure 4 times the first time through, 5 times the second, 4 times the third

I-dance variant: Replace counts 7 8 with a L(7), R(&), L(8) in place.

FIGURE 2

1	&	2	&	3	&	4	&
R		hop on R	L	R		hop on R	L
→		→	→	→		→	→
5	&	6	&	7	&	8	&
Hop L	R	L		both		both	fall on L
→	→	→		●		●	↖

I-dance variant: replace 5-6 with R(5), Hope on R(6), L(&)

FIGURE 3

Facing front!

1	&	2	&	3	&	4	&
R	L	R		L	R	L	
↑	↑	↑		↑	↑	↑	

5	&	6	&	7	&	8	&
Hop L	leap R	L		hop L		R	
↑	↑	↑		●		↑	

9	&	10	&	11	&	12	&
Both		2bounce		both		bounce	L
●		●		●		●	↑

13	&	14	&	15	&	16	&
R		L		R		L – Turn to face back	
↓		↑		↓		↑	

facing back (arrows refer to direction facing. So ↑ means facing back)

1	&	2	&	3	&	4	&
R	L	R		L	R	L	
↑	↑	↑		↑	↑	↑	

5	&	6	&	7	&	8	&
Hop L	leap R	L		hop L	leap R	L	
↑	↑	↑		↑	↑	↑	

9	&	10	&	11	&	12	&
Both		R, lift L		both		L, LiftR	
●		●		●		●	

13	&	14	&	15	&	16	&
touch R		R, turn 1/2 to face front		touch left heel		L	
●		●		●		●	

Repeat! (Last time though dance do front facing bit again, but don't turn, end with two steps RL, saying "Sal La!")

I dance variation: facing front: replace 7-8 with hop L (7), R (&), L (8), pause (&)